



ONE TO WORLD

Advancing international understanding in the **Fulbright** tradition.

One To World Stands In Solidarity With Our Asian Communities

One To World stands in solidarity with Asian New Yorkers, Asian international students, and Asian American communities across the U.S. As an organization whose mission is to advance global cooperation and intercultural understanding, we stand with our local and global communities against racism, violence, and discrimination. For many of us the recent and heartbreaking reports of violence against Asian communities perpetuate traumas and provoke anger or anxiety. Please know you are not alone.

At One To World, one of our greatest assets is our globally diverse community. Together we must uphold our shared values, particularly those of tolerance, understanding, and respect. We will continue to create safe, open, and engaging spaces for our community members to freely express themselves, their identities, and their culture. Our core values of diversity and inclusion and mutual respect must be reinforced and shared with our local and global communities.

We understand that these vile acts have painful consequences, and we empathize with and share our deepest sympathies for the victims of these actions. We call upon our community to take action and use the resources below to support our Asian neighbors and friends. We also encourage our Asian community members to seek support via the links below. [#stopasianhate](#)

RESOURCES FOR SUPPORT:

For people living in New York City, NYC WELL provides free mental health support in English, Mandarin, and Spanish and has access for translators in about 200 languages. Call 1.888.NYC.WELL (1.888.692.9355), text WELL to 65173 or chat here.

The Samaritans organization operates a confidential hotline when you need someone to talk to. Call 212.673.3000.

Crisis Text Line offers free, around-the-clock support. Text HOME to 741741.

Information about crisis hotlines **around the world** can be found here:

<https://docs.google.com/document/d/1AAwcdZxQiRhK7d1-6Re6oNLIYJZuKh4vF56oiHvLcGA/edit#>

RESOURCES TO TAKE ACTION:

Bystander Intervention Guide: <https://www.ihollaback.org/guide-bystander-intervention/>

Act to Change: <https://acttochange.org/#resources>

Stop AAPI Hate: <https://stopaapihate.org/>

Donations for NYC Communities: <https://www.6sqft.com/heres-where-to-donate-to-support-asian-communities-in-nyc/>

Advocating Justice: <https://www.advancingjustice-alc.org/>